

 Training Plan Title: From Deceived to Disciple: A 7-Week Journey of Rededication

Format: Weekly lessons with daily Scripture reading, reflection prompts, and strategic activation

Audience: Individuals seeking personal transformation and spiritual authority

Goal: Move from deception to discipleship through truth, repentance, grace, and Kingdom deployment

 Lesson Plan Overview

Week	Theme	Lesson Title	Focus
1	Awaken compromise	Recognizing the Deceived	Identify lies, false identities, and cultural
2	Repent realignment	Turning from Shadows	Confession, cleansing, and spiritual
3	Receive and new life	Embracing Grace	Accepting forgiveness, identity in Christ,
4	Rebuild accountability	Establishing Holy Habits	Daily rhythms of prayer, Scripture, and
5	Resist witness	Engaging the Enemy	Spiritual warfare, authority, and bold
6	Redeploy impact	Living on Mission	Discovering gifts, calling, and Kingdom
7	Reproduce	Multiplying Disciples building movements	Sharing testimony, mentoring, and



Lesson Plan Timeline

Each week includes:

- Day 1: Core teaching (video, written guide, or live session)
- Days 2–5: Daily Scripture readings + reflection prompts
- Day 6: Activation challenge (personal, relational, or public)
- Day 7: Sabbath rest + journaling + prayer of rededication



Recommended Biblical Reading Plan

Aligned with each weekly theme:

Week 1 – Awaken

- Romans 1:18–32 – The consequences of suppressing truth
- 2 Corinthians 4:4 – The blinding work of the Deceived
- Ephesians 5:8–14 – Wake up, sleeper!

Week 2 – Repent

- Psalm 51 – A prayer of repentance
- Acts 3:19 – Repent and be refreshed
- 1 John 1:9 – Confession and cleansing

Week 3 – Receive

- Ephesians 2:1–10 – Saved by grace, not works
- Romans 8 – No condemnation in Christ
- John 1:12 – Authority as children of God

Week 4 – Rebuild

- Colossians 3 – Put off the old, put on the new
- Matthew 6:33 – Seek first the Kingdom
- 2 Timothy 3:16–17 – Scripture equips for every good work

Week 5 – Resist

- James 4:7 – Resist the devil, and he will flee
- Ephesians 6:10–18 – Armor of God
- Revelation 12:10–11 – Overcoming the Accuser

Week 6 – Redeploy

- 1 Corinthians 12 – Spiritual gifts and body function
- Isaiah 61 – Anointed to proclaim good news
- Matthew 5:13–16 – Salt and light in the world

Week 7 – Reproduce

- Matthew 28:18–20 – The Great Commission
- 2 Timothy 2:2 – Entrust to faithful people
- John 15:1–8 – Bearing fruit that lasts

Recommended Apologetics & Discipleship Resources

These support theological depth, cultural clarity, and personal conviction:

Core Apologetics Books

- Mere Christianity by C.S. Lewis – A classic on moral reasoning and faith
- The Case for Christ by Lee Strobel – Investigative defense of Jesus' identity
- Reasonable Faith by William Lane Craig – Philosophical and theological apologetics
- Tactics by Greg Koukl – Equipping believers to engage culture with wisdom

Discipleship & Identity

- Victory Over the Darkness by Neil T. Anderson – Identity in Christ
- Celebration of Discipline by Richard Foster – Spiritual habits and formation
- The Master Plan of Evangelism by Robert Coleman – Reproducing disciples

Personal Writings & Documents

- Confessions by St. Augustine – A raw journey from deception to grace
- Letters to Malcolm by C.S. Lewis – Reflections on prayer and spiritual intimacy
- The Cost of Discipleship by Dietrich Bonhoeffer – Radical obedience to Christ

Optional Add-ons for Deployment

- Printable Journal Template for weekly reflections and prayers
- Video Series for each lesson (can be developed or sourced)
- Group Discussion Guide for small group or church integration
- Activation Tracker to log spiritual milestones and outreach efforts

Final Charge

This journey is not just educational—it's transformational. Every lesson is a step toward reclaiming your identity, authority, and mission in Christ. The Deceived have no claim. You are a disciple, and the Kingdom is advancing through you.